

Garfield County Diabetes Statistics, 2003



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Prevalence (adults 18+ years)	Garfield County		Washington State	
	Percent (95% CI) ¹	Number of adults	Percent (95% CI) ¹	Number of adults
	8.6 (5.4, 13.3)	199	6.6 (6.2, 7.1)	303,283

Risk Factors (adults 18+ years without diabetes)	Garfield County	Washington State
	Percent (95%CI) ¹	Percent (95%CI) ¹
Overweight or obese ²	64.2 (56.6, 71.1)	56.8 (55.8, 57.8)
Insufficient physical activity ³	42.8 (35.4, 50.5)	35.8 (34.9, 36.8)
Smoke cigarettes	20.7 (15.2, 27.5)	19.8 (19.0, 20.6)
History of high blood pressure ⁴	29.0 (22.9, 35.8)	20.8 (20.1, 21.5)
History of high cholesterol ⁴	42.6 (34.8, 50.7)	31.1 (30.2, 32.1)

Hospitalizations ⁵ (with complications of diabetes)	Number of hospitalizations	Age-adjusted rate per 10,000 total population (95% CI) ¹		Crude rate per 10,000 people with diabetes	
	Garfield County	Garfield County	Washington State	Garfield County	Washington State
Diabetes as first listed diagnosis	*	*	9.6 (9.4, 9.9)	*	191.3
Diabetes as any listed diagnosis	35	91.5 (63.4, 138.1)	118.4 (117.5, 119.3)	1,741.7	2,293.6
→ with coronary heart disease	6	15.9 (5.8, 49.9)	36.3 (35.8, 36.8)	298.6	693.1
→ with stroke	*	*	10.1 (9.9, 10.4)	*	190.9
→ with diabetic ketoacidosis	*	*	3.9 (3.8, 4.1)	*	78.9
→ with lower extremity amputation	*	*	1.9 (1.8, 2.0)	*	160.7

Deaths ⁵	Number of deaths	Age-adjusted rate per 100,000 total population (95% CI) ¹		Crude rate per 100,000 people with diabetes	
	Garfield County	Garfield County	Washington State	Garfield County	Washington State
Diabetes as underlying cause	*	*	26.0 (24.7, 27.4)	*	494.4
Diabetes as any cause	*	*	77.1 (74.9, 79.4)	*	1,460.9

¹Data presented as: percentage or rate (95% confidence interval).

²Overweight=body mass index (BMI) 25.0-29.9 kg/m², obese=BMI 30.0+ kg/m².

³Insufficient physical activity=reported level of physical activity during leisure time or at work does not meet Centers for Disease Control and Prevention (CDC) recommendations of moderate-intensity activity for 30+ minutes on 5+ days/week or vigorous-intensity activity for 20+ minutes on 3+ days/week

⁴Told by doctor, nurse, or other health professional had high blood pressure and/or high cholesterol.

⁵Rates are not computed for counts <5. Rates based on fewer than 20 deaths or hospitalizations are likely to be unstable or imprecise.